

**<u>COVID TESTS</u>**: We have some covid tests available at the office. Please feel free to come by during lunch or after school to grab some.

### **GR. 12 VALEDICTORIAN NOMINATION AND GUEST FORMS**

All Gr. 12 students who are interested in nominating themselves to be the Class of 2023 valedictorian can complete the nomination form at the link provided <u>https://forms.office.com/r/JwKa0qVc4a</u>. It is important that students speak to any teacher references before they submit their application, as failure to do so may jeopardise their opportunity for their nomination to go forward. Nominations close <u>April 12 at 4 pm</u>.

Students who are interested in bringing a guest to the Dinner Dance (and After Grad if applicable) must complete an online application form. Please use this link to apply: <u>https://forms.office.com/r/LHfTKCgiyc</u>. Students may apply for only one guest (a guest is considered anyone who is not a member of the Class of 2023). Guest approval forms close <u>Friday</u>, <u>April 14 at 3 pm</u>. Guests must attend the Dinner Dance in order to attend After Grad (however, guests may choose to only attend the Dinner Dance).

As a reminder, Dinner Dance and After Grad tickets will be available to purchase on SchoolCashOnline between April 11 and May 5. Dinner Dance Seat Selection will run April 18-20. Please use this time to check your SchoolCashOnline account to ensure that there are no outstanding debts, as they must be cleared before any tickets can be purchased.

If there are any questions or concerns, please reach out to Ms. Denise Nembhard, Vice Principal (<u>dnembhard@sd43.bc.ca</u>).

### **EMERGENCY EXIT SIGNS**

In the past year, the school's emergency lighting and exit signs were upgraded to current standards. An unexpected, and unfortunate consequence to this is that some students regard the signs as an appealing item to jump up and hit. In turn this dislodges the sign from its mounting bracket.

To date we have managed these incidents informally and directly with the student(s) involved. As the issue continues, please note that from this point forward consequences will be addressed formally with the student and family.

Parents - we'd appreciate you taking some time at home to reinforce the signage is an important component of the fire protection system of any public building and is clearly a no touch item.

Please contact Mr. Conley gconley@sd43.bc.ca if you have any questions or comments.



#### **CLUB LEADERS**

Yearbook is now is its final stages and is looking for club photos. If you are part or manage a club at PMSS, send your club's photos to <u>088-JYANG3@sd43.bc.ca</u>, with the name of the club, and the attached files. The photos will then will be dragged into the 2023 Yearbook's Clubs section. Please submit photos as soon as possible. Thank you PMSS!

### **ATTENTION INTERNATIONAL STUDENTS**

If you are interested in a kayaking field trip in May, please let Ms. Sidhu know in the Teams chat! I cannot proceed to plan the field trip without an idea of how many students are interested. If you are missing from the International Education student Team, please email me at <u>asidhu@sd43.bc.ca</u> and I will add you. Happy Spring!

### PMSS UNICEF CLUB



Join the PMSS UNICEF Club in supporting relief efforts in Türkiye and Syria. UNICEF will be collecting your donations in the MPR at lunch Thurs, April 6.

On February 6, a deadly 7.8 magnitude earthquake struck the areas of Türkiye and Syria. This was the deadliest quake recorded in modern history, with damage to the region totalling over \$100 billion USD. Over 850,000 children remain displaced in Türkiye and Syria today. This is in addition to the 6.5 million children in the region who were already requiring humanitarian assistance prior to the quake. Support the UNICEF Club in the MPR this Thursday, scan the QR code, or visit the website <a href="https://gofund.me/8bbf986c">https://gofund.me/8bbf986c</a> to donate directly to UNICEF Canada.

### Student Council invites you to attend our school dance on Thursday, April 13!

Step back into time with us on April 13th (6-9pm) and buy tickets for The Night at the West Egg, a roaring 20s themed school dance for all grades. Dress glamorous (don't feel pressured to shop just for the theme!), add on some roaring 20s style accessories, and come with all your friends for a night of music and fun!

### A few notes for your planning:

-Note that no guests are permitted. Tickets are \$10 and must be purchased in advance. Tickets will not be sold at the door.

-Tickets can be purchased via School Cash Online. Ticket sales close at the end of the day on Tuesday, April 11.

-There will be a concession at the dance offering a small selection of chips and drinks for \$1 each, and slices of pizza for \$2. Food will be first come first served. Please bring your change for the concession (no large \$ bills).

-For anyone fasting for Ramadan right now, please fill out the following form if you would like pizza to be available after 8:00 pm. Form link: <u>Pizza for Iftar at the Dance</u> We ask that you come and pay when you arrive at the dance, and we will make sure there is fresh pizza available for you to break your fast at the school.

We hope to see you there!

### SEMESTER ONE ART STUDENTS

Sreenithya M. comic; and several still need to pick up their conte'– including: Sophie Z., Catherine X., Racheal P., Alexis M., Sunny L., Amanda R., Tatiana B., and Thomas Z. Please come to room 211 art to get them.

### PAST YEARBOOKS FOR SALE

Yearbooks from 2018, 2019, 2020, 2021 are on sale for **<u>\$25 CASH ONLY</u>**. Please come by the office to purchase one during lunch or after school.

## <u>ONGOING</u>

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online (<u>https://sd43.schoolcashonline.com</u>) for both fee statements and District Policies forms.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot please come to the office at lunch or after school to pick up a Parking Registration form.

**PMSS TIMES NEWSLETTER:** The PMSS Times newsletter will be emailed to parents and students on **Tuesdays** and **Thursdays**. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and in the Library Learning Commons beside the circulation desk.

## **CAREER CENTRE**

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

### PMSS Career Resource Centre

Room: 3066. Open from 8:00am – 3:30pm Monday-Friday.

If you have any questions or to book an appointment, please feel free to email Ms. Rose at <u>jorose@sd43.bc.ca</u> or call 604-939-6656 ext. 3066. Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or e-mail Ms. Rose

Virtual / In-person Information Sessions, Presentations & University / College Fairs

\*NEW\* Justice Institute BC, LAW ENFORCEMENT STUDIES. DIPLOMA PROGRAM | UPCOMING INFO SESSION During the session, students will discover what it takes to pursue a law enforcement or public safety career. They will learn about the education, applied skills, and specialized knowledge required to become a superior candidate in the recruiting process. Next Law Enforcement Studies Info Session is on May 17, 2023. For more information and to register visit, Law Enforcement Studies Diploma Info Session - May 17 | Justice Institute of British Columbia (jibc.ca)

**UBC** Up coming events for admitted students <u>April 24 and April 27: Finances</u>: Join for a virtual information session to learn more about financial planning and resources for your studies at UBC.

Upcoming UBC Engineering Events in 2023 Visit, <u>Upcoming events to share with your students (envoke.com)</u>. The following virtual and in-person events with any of your students that might be interested in learning how they can change the world and make a positive impact as future engineers.

### **General Learning Opportunities**

**22+ TRADES TRAINING PROGRAMs,** Visit <u>"TRAIN in Trades" Programs - School District No. 43 (Coquitlam) (sd43.bc.ca)</u> **Contact: Ben King** Career & "TRAIN in Trades" Coordinator 778-984-1354 <u>bking@sd43.bc.ca</u>

**HEADSTART IN ART PROGRAM Emily Carr University of Art + Design and Coquitlam School District #43** are pleased to announce the continuation of a partnership that will see ECU offer a first year studio course, taught by Emily Carr at Gleneagle Secondary School in Fall 2023. **For further information contact**: **Admissions:** Emily Carr University of Art + Design 604.844.3897 | <u>admissions@ecuad.ca</u> Ben King SD43 Coquitlam 778-984-1354 | <u>bking@sd43.bc.ca</u> **APPLICATION DEADLINE:** MAY 26th, 2023. <u>Career & Trades Programs - School District No. 43 (Coquitlam) (sd43.bc.ca</u>)

BCIT's ACE Microcredential – Summer 2023 (Pilot). Are you interested in Architecture, Construction or

Engineering? The ACE Microcredential – Introductory Design and Technical Skills for Architecture, Construction and Engineering, is a unique work-based entry level educational program designed to introduce high school students graduating and recent high school graduates to the worlds of Architecture, Engineering and Construction. Students will be introduced to skills, concepts and terminologies used in these sectors, participate in site visits, work on both physical and digital models, and hear from leaders in these professions. The ACE Microcredential is delivered to students in a blended format, which includes classes held at BCIT's Burnaby campus, virtual learning through BCIT's Learning Hub platform, and fieldtrips to local design firms and construction sites. The aim of the program is to build an understanding of the spectrum of careers that exist within these fields and to prepare students to explore those careers via this unique immersive polytechnic program. Following completion of the ACE Microcredential, successful students would then continue on with a related Certificate program that begins September 2023 and runs for one year, which includes paid internships with local companies in the construction, architecture and engineering fields. Program runs from July 10 to August 4, 2023 (*4 weeks, full-time*) at BCIT's Burnaby campus. The deadline to apply is <u>April 30, 2023.</u> For more information contact: Ben King (bking@sd43.ca) or Ann Martineau (amartineau@bcit.ca

Are you a student who is entering Grade 10 or 11 and interested in nature, first peoples knowledge, and good food? Join **Fresh Roots** for a unique 6-week summer leadership and employment program. You will also complete a full four-credit course in a locally developed course, <u>Self-Efficacy 10</u> or <u>Self-Efficacy 11</u>. Self-efficacy is about believing in and refining your ability to achieve something. Upon program completion, students will receive full credit and a final mark on their school transcript (If you have already completed these two courses, contact Murray Peters, Summer Learning Principal, <u>mpeters@sd43.bc.ca</u> to discuss an alternative arrangement for course credit). For more information and to apply visit, <u>https://freshroots.ca/soyl/</u>. Applications are being accepted until **April 15, 2023**. If you have any questions about the SOYL Program and Self-Efficacy Gr 10/11 Course, please email <u>soyl.suwalkh@freshroots.ca</u> or phone Fresh Roots at 778 764 0344 ext 102.

**The African Ancestry Project**. Are you a BIPOC person living in BC between the ages of 15 and 19? Interested in meeting and connecting with like-minded peers who similarly come from diverse cultural backgrounds? Join the <u>BC Black History</u> <u>Awareness Society</u> and the <u>SFU Morris J. Wosk Centre for Dialogue</u> (CFD) for the <u>African Ancestry Project's</u> Youth **Dialogue Series** and unpack what it means to belong in a country known for being diversely multicultural. They are recruiting 40 BIPOC youth of and between ages 15 and 19 years across the province. Participation for each event is Free and includes workshop training, a physical copy of the project report "Worlds Within: Diverse Histories, Identities & Experiences of Black People of African Ancestry in British Columbia," and a certificate of participation. When: May 6, 2023. For more information and to apply visit, <u>African Ancestry Project, Youth Dialogue Series Registration form</u> (google.com)

### SFU Upcoming STEM workshops & events

Community Data Science - Spring 2023 Date: Apr 15, 22, and 29, 2023 (Saturdays) Time: 10-11:30 am Delivery: Online via Zoom Student: Trans and cisgender women, non-binary and Two Spirit students in Grade 9-12 Cost: Free Sign-up link: <a href="http://websurvey.sfu.ca/survey/441802144">http://websurvey.sfu.ca/survey/441802144</a>

### **Volunteer/Employment Opportunities**

\*NEW\* International Summer School Position- Assistant Activity Coordinator. The International Education Department invites current grade 12 students to apply for the position of Assistant Activity Coordinator for International Education Summer Programs.

**Responsibilities include:** 

-acting as a cultural ambassador for International students attending summer programs

-leading games and activities with visiting International students

-working to teachers, activity coordinators, and other staff in a supporting role

-assisting teachers in the classroom

-helping chaperone International students on field trips and activities

-setting up and helping to prepare for activities

Interested candidates should fill out the attached application form and submit it along with a resume and cover letter to Troy Cunningham, Summer School Principal (<u>tcunningham@sd43.bc.ca</u>) by April 28, 2023.

### Summer Assistant Activity Coordinator Application.pdf (sd43.bc.ca)

**UBC Physics Outreach Summer Camps**. The Phenomenal Physics Summer Camp is an annual summer camp program run by UBC Department of Physics & Astronomy. Camp participants engage in fun scientific activities designed to encourage thinking and experimenting. Volunteers are expected to commit to at least one week of volunteering for our summer

camp program (Volunteer hours are Monday to Friday, 8:30am – 4:30pm, two-week commitment preferred). To apply and for more information visit, <u>Volunteer Opportunities | UBC Physics & Astronomy Outreach</u>

**SFU Volunteer Summer 2023** Volunteering for SFU Camps offers practical experience in a safe and fun environment. Volunteers will get an opportunity to work with children and youth, build leadership skills, meet new people and have a rewarding summer as part of SFU Camps & Youth Programs! SFU Camps recognizes outstanding volunteers, provides reflective evaluations and confirmation letters. They also provide career workshops and the top volunteers are encouraged to apply to become camp instructors in future years! **Application Period:** February 10, 2023 - April 17, 2023 at 11:59 PM. For more information and to apply visit, <u>Volunteer Opportunities - SFU Camps - Simon Fraser University</u>

**2023 Playland Summer Jobs.** They are looking for over 200 enthusiastic and motivated individuals to join our Games, Rides, Guest Experience, Playland Maintenance, and Food & Beverage teams for this year's exciting Playland season. To apply visit, <u>2023 Playland Summer Jobs in Vancouver, British Columbia | Careers at Pacific National Exhibition (icims.com)</u>

**Rainforest Adventure Camps**, Adventure Play Care Society <u>www.RfCamps.com</u>. Are a non-profit that has been providing camps for ages 5-12 and other programs in the Tri-Cities since 2019. Their goal is to empower and inspire youth and create community. They are always looking for kind, patient, and respectful people to volunteer for the activities they offer. Activities at camp include swimming, boating, laser tag in forests, parachute games, tag games, Capture the Flag, sports, board games, card games, hiking, arts and crafts, and more based on the interests of participants. Their out trips include White Pine Beach, the Coquitlam Aquatic Centre, Poirier Pool, Crash Crawly's, Buntzen Lake, Rocky Point, and more. If you are interested email <u>http://www.rfcamps.com/Contact-Us/</u> indicating your interest.

**The Royal Soccer Club**, a registered non-profit organization is excited to host our 31<sup>st</sup> annual grassroots summer day camps to children aged 5 to 13 in your community. They have an amazing opportunity for students to **volunteer** at their camps this summer. Their program is designed to promote personal development, team building and of course, FUN! Offering full day and morning sessions to all children aged 5 to 13, the program runs all weeks in July and August. Candidate can apply by visiting the EMPLOYMENT page on their website <u>Home - Royal Soccer Club</u>.

**Port Coquitlam Recreation** is excited to be offering several volunteer opportunities for people 14+ years of age beginning this over Spring Break and into the Spring, with opportunities for community members to build their resumes, develop their leadership skills and connect with their community. Applications are now available on our website at <a href="http://www.portcoquitlam.ca/volunteer">www.portcoquitlam.ca/volunteer</a>.

### 2023 Vancouver International Children's Festival is interested in onboarding a few Key Volunteers

(KV's) right away, who can begin working within your school to recruit and screen more volunteers. KVs generally work around 20 hrs in advance of the Festival, and then transition into Crew Captain roles onsite during the Festival. Serving as a KV and/or Crew Captain provides very strong leadership and communications experience, plus being creative and fun. Any Volunteer who completes over 24 hrs of service will receive a personal reference letter from the Festival. If you are interested, please contact Ms. Rose at jorose@sd43.bc.ca or call 604 939 6656 ex. 3066

**Sky's No Limit - Girls Fly Too!** April 29-30, 2023 Main event days **volunteer** areas include: Passenger/Volunteer Check-In, People/Traffic Control, Motorcycle Security, Helicopter Support Crew, General Help. **Contact:** <u>www.girlsfly2.ca</u>

**Port Moody Winter Farmers Market (Volunteer) For:** Youth 13+ **Runs**: Every Sunday from Nov 6 2022 – April 30th 2023 between 8:00am – 3:30pm (2 hour shift minimum) **Where:** Parking lot of 300 loco Road <u>2022-23 Port Moody Winter</u> <u>Farmers Market - Volunteer Interest Form (google.com)</u>

### Scholarship / Awards

2023 Port Moody Secondary Scholarship Package – Grade 12 PMSS LOCAL, DISTRICT AND EXTERNAL SCHOLARSHIPS AND BURSARIES PROGRAM.

Local and District Scholarships: Apply using Port Moody Secondary School universal application form.

**External Scholarships:** Apply using separate application form. These scholarships have separate application forms and different deadlines.

To view the package and to apply, <u>PMSS LOCAL and DISTRICT SCHOLARSHIPS AND BURSARIES PROGRAM (sd43.bc.ca)</u>.

If you're in Grade 12 and intend to pursue a post-secondary education after you graduate, you can apply to the Port Moody Youth Scholarship Program. Each year, they award a \$1,000 scholarship to a student in our city. For more information and to apply visit, <u>2023 Youth Scholarship Application Form - Port Moody City</u>

**BC General Employees' Union (BCGEU) Scholarship.** Applications for the 2023 BCGEU Scholarship program are now being accepted. Their annual scholarship program of up to \$85,000 offers awards of \$2,000 for full-time students and \$1,000 for part-time students. Scholarships are funded by the dues of their members. For more information and to apply visit, <u>Scholarships - BCGEU</u>. Deadline is April 16, 2023.

**BCSSA Grade 12 Scholarship** The British Columbia School Superintendents Association will award six regional scholarships to students planning to pursue post-secondary studies. Students wishing to be considered for a scholarship must be currently enrolled in their final year of studies at a public secondary school in British Columbia and expected to graduate in June 2023. One recipient will be chosen from each of the six BCSSA provincial chapters (Fraser Valley, Kootenay-Boundary, Metro, Vancouver Island, Northern, Thompson Okanagan). Each recipient will be awarded a \$1,000 scholarship. Application deadline: **Noon on Friday April 14, 2023. For more information and to apply visit,** <u>2023-02-08</u> <u>BCSSA Scholarship 2023 Application.pdf(Review) - Adobe cloud storage</u>

Gloria Barron Prize For Young Heroes. 2023 Barron prize application cycle is now open! Applications are accepted online ONLY. Applications sent via mail or by any method other than their online system will be deemed ineligible. The Barron Prize welcomes applications from public-spirited young people who are between the ages of 8 and 18 (not yet age 19). Application Deadline: April 15, 2023. For more information and to apply visit, <u>Apply to the Gloria Barron Prize</u> for Young Heroes | Barron Prize

**BC Scholarship Society**. The Society offers Indigenous Award programs for students pursuing post-secondary education in BC. They are available to students who identify as Indigenous – First Nations (Status or Non-Status), Métis or Inuit. All are renewable in order to provide sustained funding over multiple years. Application Deadline: **April 20, 2023**. For more information and to apply visit, <u>Indigenous Scholarships | Indigenous Careers Award | BC Scholarship Society (ikbbc.ca)</u> **2023 Grace Family Network Foundation Scholarship.** Founded in the memory of Rebecca Chan, the *Grace Family Network Foundation (gfnf)* is a non-profit organization that aims to support and encourage under-resourced children and youth in the Metro Vancouver area. *gfnf* is the embodiment of Rebecca's heart for others and the hope that it will be carried on in some small way.

Three scholarships of \$1000 each are available to Metro Vancouver area students graduating in 2023 and beginning their studies at any post-secondary institution in the Fall of 2023. Priority will be given to students in financial need. Applications must be received in full by **11:59pm on Wednesday, May 31st, 2023**. Winners will be notified by July 2023.

To apply and for more information visit, Grace Family Network Foundation (gfnf.org)

**Resolute Legal Disability Lawyers Scholarship.** Are you a high school student pursuing post-secondary education? Do you have a parent or guardian who has a

disability? If so, you may be eligible for a \$2,500 scholarship. In accordance with their mission, the students must have a parent or guardian who is unable to work due to a disability.

**Application deadline**: June 1, 2023, at 11:59 p.m. No applications will be accepted after this date. To apply and for more information visit, <u>Resolute Legal Disability Lawyers Scholarship - Resolute Legal Disability Lawyers</u>

**Canadian Scholarship Trust Foundation (CSTF) and myBlueprint** partnered once again to give away bursaries!! The bursaries are intended for students who can demonstrate financial need, and whose financial need may make it difficult for them to access post-secondary education. Students must be the first generation in their family to attend post-secondary education. There are 25 bursaries available - each valued at \$6,000. The funds can be used to cover the cost of tuition and related expenses such as books, supplies or living expenses. Deadline to apply April 14, 2023. To apply and for more information visit, <u>2023 Financial support for post-secondary education (myblueprint.ca)</u>

**The Confratellanza Italo-Canadese** was founded in 1904 and is committed to the preservation of Italian cultural heritage and contributing to the enrichment of the multicultural community in the Greater Vancouver area (for more information about us visit our web site at <u>www.confratellanza.com</u>. This year they are offering several \$1,000 scholarships to assist eligible students in their post-secondary studies:

The scholarships are open to this year's graduating secondary school students planning to enroll in a post-secondary educational institution for the first time in 2023. To be eligible for this scholarship candidates must 1) be of Italian origin i.e. as having at least one parent or grandparent of direct Italian descent, 2) be living in a city or municipality within the 21-member Greater Vancouver Regional District, 3) have an academic standing sufficient to qualify for entry into the post-secondary institution of their choice, and 4) submit a completed application form with supporting documentation post-marked no later than **June 15, 2023**. To apply, <u>Scholarship Application – Confratellanza</u>

**The Theatre Society Legacy Fund – Arts Education Bursary** - Bursaries of up to \$2,000 each are available for students who have graduated or plan to graduate this year from a high school (public or private) in the Tri-Cities region (Anmore, Belcarra, Coquitlam, Port Coquitlam and Port Moody). The Theatre Society Legacy Fund – Arts Education Bursary is intended for a student enrolled at a CRA-recognized post-secondary institution in <u>Canada</u> or <u>internationally</u> in a formal arts program anywhere in the world. Annual Bursary Application Intake: April 19th – May 31<sup>st</sup>. For more information and to apply visit, <u>TSLF Bursary – PoCo Community Foundation (pocofoundation.com)</u>

**Trevor Linden Community Spirit Scholarship** rewards students who have demonstrated outstanding leadership abilities and exemplary contributions and commitment to enriching the lives of others in the community. The Trevor Linden Community Spirit Scholarship recognizes four student leaders in the province of British Columbia who are entering their first year of post secondary education. Submit application by May 1<sup>st</sup> 2023 5:00pm. To apply and for more information please visit <u>Trevor Linden Community Spirit Scholarship | Vancouver Canucks (nhl.com)</u>

**BCIT** is pleased to announce that the following Entrance Awards are available to students who are planning to attend our institute starting *May 1, 2023 to April 30, 2024*.

- Up to 25 BCIT President's Entrance Awards, available only to current High School students
  - Valued up to \$4,000 each.
  - Deadline: April 15, 2023
- Over 100 additional BCIT Entrance Awards
  - Some valued up to \$18,000 each.
    - Deadlines: April 15 and/or October 1, 2023

More information about BCIT Entrance Awards and the application forms can be found at <u>bcit.ca/financial-aid</u>. The Coquitlam Teachers' Association Awards and Bursaries are available to SD43 students. The deadline to submit applications (other than the Roy Krutow) to the CTA is June 1. For more information and to apply, please visit Forms & Scholarships - Coquitlam Teachers Association.

# **PARENTS**

For information regarding PAC, please visit <u>https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages</u>

### Please mark your calendars for upcoming PAC Meetings:

- Tuesday, May 2<sup>nd</sup> at 7pm
- Tuesday, June 6<sup>th</sup> at 7pm

### SOYL Program (Self-Efficacy 10/11) at Millside Centre

Tuesday July 4 through Thursday August 10 2023, 9am to 3:30pm Mondays to Thursdays. Are you a student who is entering Grade 10 or 11 and interested in nature, first peoples knowledge, and good

- food? Join Fresh Roots for a unique 6-week summer leadership and employment program.
- Based out of the Suwa'lkh program at <u>Millside Centre</u> in Coquitlam, the SOYL program empowers youth to steward our schoolyard farm and forest. The focus is on learning, community building, and growing "Good Food for All".
- You will also complete a full four-credit course in a locally developed course, <u>Self-Efficacy 10</u> or <u>Self-Efficacy</u> <u>11</u>. Students will be assigned to the <u>Grade 10</u> or <u>Grade 11</u> version based on their grade level. Self-efficacy is about believing in and refining your ability to achieve something. In the Self-Efficacy course, students will develop interpersonal and teamwork skills as they work in the SOYL food growing and marketing program. Students will further develop their communication, self-regulation, and decision-making skills, while also engaging in goal-setting activities. Course activities and assignments will be integrated into the daily work and tasks in the SOYL program. Upon program completion, students will receive full credit and a final mark on their school transcript (If you have already completed these two courses, contact Murray Peters, Summer Learning Principal, mpeters@sd43.bc.ca to discuss an alternative arrangement for course credit)
- Click here for the application form: <u>https://freshroots.ca/soyl/</u>. Applications are being accepted until April 15, 2023. Please apply only if you are committed to the entire 6-week program and completing course assignments. If you have any questions about the SOYL Program and Self-Efficacy Gr 10/11 Course, please email <u>soyl.suwalkh@freshroots.ca</u> or phone Fresh Roots at 778 764 0344 ext 102



## AFTER GRAD 2023

Grad Parents, After Grad needs you! We are actively recruiting parent volunteers to cover the stations at After Grad.

**SIGN UP GENIUS:** 

The AfterGrad Committee needs your help!!!

In order for an event like this to take place there is a need for many volunteers. If you can help out on the night of the event, please follow the link below and sign up for one (or more :) shifts).

https://www.signupgenius.com/go/10c094aa5a928aafec07-byjune#/

### Our next meeting is Wednesday, April 26 – 7pm in the library

HEY PARENTS of the 2023 Graduating Class... be sure to **follow** us on INSTAGRAM and FACEBOOK for updates on the 2023 AfterGrad Fundraisers !!!

INSTAGRAM:PMS Grad 2023@pms\_grad\_2023FACEBOOK:PMSS AfterGrad 2023@pmss after grad 2023

Please consider supporting one or more of the following fundraisers.

**PUB NIGHT:** Get your tickets now!

FRIDAY, APRIL 14<sup>th</sup> Port Moody Legion Doors open at 6 pm \$25 for a BURGER, FRIES and a BEER

Lots of great prizes to be won!

Tickets can be purchased by calling Susy @ 604.817.7965 OR Julie @ 604.306.2848



### KRISPY KREME FUNDRAISER: DO NUT miss it!!!

ORIGINAL GLAZED: \$15 per dozen PRE-ASSORTED: \$18 per dozen

ORDER DEADLINE: April 21, 2023

ORDER PICK UP: April 28, 2023 @ Port Moody Secondary Main Entrance 2:45 pm - 5:00 pm

Orders can be made by filling out the order form & dropping it off at the school office, addressed to the AfterGrad Committee.

Cheques can be made payable to Port Moody Secondary PAC - AfterGrad or by sending exact change.

Orders can also be made by emailing your order and etransferring your payment to pmss.ag2023@gmail.com



ONLINE 50/50 RAFFLE: BC Gaming License #140525

https://pmspacag2023.rafflenexus.com/

The AfterGrad Committee is holding a 50/50 cash raffle fundraiser, with the net proceeds being used to fund a memorable after-grad event for the graduating students of Port Moody Secondary.

Not only do your ticket purchases give you the chance to win serious cash, but you will also be supporting the Class of 2023 in celebrating a life milestone by helping offset the costs for a safe and fun after-grad event. Thank You for supporting our Grads!

### **IMPORTANT DATES:**

 50/50 Sales Deadline:
 Thursday, May 18th, 2023 at 12:00 pm

 50/50 Draw:
 Thursday, May 18, 2023 at 4:00 pm

### TICKET PACKS:

2 Ticket Pack	\$10
8 Ticket Pack	\$20
20 Ticket Pack	\$40

School Cash Online: https://sd43.schoolcashonline.com and select "After Grad Donation"

### ME and ED'S PIZZA NIGHT:

Thank you to everyone who supported our Pizza Night Fundraiser. This was a successful event and we hope our next night on <u>April 26</u> is just as successful

#### **PORT MOODY LIQUOR STORE**: Ongoing, runs all year.

When making a purchase at the Port Moody Liquor Store (2929 St. Johns Street by the 7-11) mention that you would like to support PMSS After Grad prior to paying and they will return 5% of the sales.

### **<u>RETURN-IT (Any location)</u>**: Ongoing, runs all year.

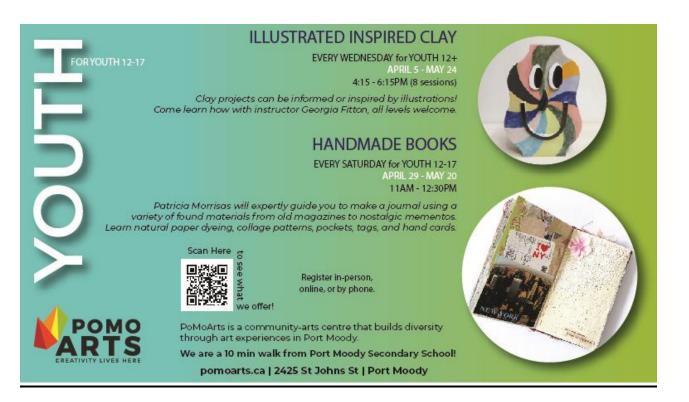
Did you do a big Spring Clean-up during the break? Save your time on sorting and donate your refundable containers to AfterGrad

Bring your unsorted containers in a sealed, clear or transparent bag to any Return-It Dept.

Enter 604 939 6656 at the Kiosk, a label will print, attach label(s) to your bag(s) of bottles/cans, scan the label(s), put your bag(s) in bin. Please note (Max 12 glass bottles per bag for safety).

With appreciation, PMSS After Grad Committee

# **COMMUNITY**



## 2023 Tri City REACH AWARDS

Recognizing Efforts and Achievements Across Community & Home

The Tri City REACH Awards recognizes the generous contributions of individual youth, youth groups, businesses, organizations, and adult mentors in Coquitlam, Port Coquitlam and Port Moody who empower, celebrate, and/or impact youth or the community in significant ways. This year's event will celebrate the artistic beauty and magnificence of the Roaring 20's. The Roaring 20's, as well as the Great Gatsby, will inspire the evening's events, décor and entertainment.

## **DEADLINE:** Please submit nominations online <u>https://forms.portmoody.ca/Recreation/2023-Tri-City-</u> <u>REACH-Awards-nomination-form</u> or in-person by **April 7, 2023.** NOTE: One submission per nominee.

Please nominate a youth or youth advocate who has contributed to the community or positively supported youth (11-18 years). NOTE: All eligible nominees will be recognized and expected to attend the REACH Awards Ceremony on **Wednesday May 3, 2023, 6pm-8pm** at the Port Coquitlam Community Centre – 2150 Wilson Ave)

### **NOMINATION CRITERIA:**

### Individual Youth or Youth Groups:

- Individual youth or members of youth group must be in grades 6-12.
- Examples include:
  - Nominee(s) volunteered consistently on behalf of others, the community, and/or the environment.
  - Nominee has been a positive role model for their peers and/or is committed to community service.
  - Individual has overcome adversity in his/her life.

### **Businesses or Organizations:**

- Any local non-profit, private or public organizations such as: community service organizations, stores, restaurants or government agencies who have made a positive contribution to youth.
- Examples include: providing funding, space, fundraising initiatives, creating positive opportunities, offering free or low-cost youth programs, specializing in youth employment, influencing safety for young workers, etc.

### **Individual Adult Mentor:**

- An adult who volunteers or works for the benefit of youth. Nominee must be a positive role model who has made a special effort to support youth in the community.
- Examples include: coach, teacher, youth worker/counsellor, mentor, neighbour, friend, etc.

### Completed forms can also be sent to:

**Tara Berdej** Phone: 604.927.6002 tberdej@coquitlam.ca

Coouitlam

Corina Lefebvre Phone: 604.469.4562 clefebvre@portmoody.ca

PORT MOODY CITY OF THE ARTS Emmanuel Addo Phone: 604.927.6932 addoe@portcoquitlam.ca



## 2023 Tri City REACH AWARDS

### NOMINATION FORM

NOMINEE INFORMATION: Who are you nominating? Please check one.

- Individual Youth (Grades 6-12)
   Youth Group
- Business or Organization
   Adult Mentor

Nominee Name (First & Last name) <u>OR</u> Name of Business/Organization/Youth Group:

Grade (if applicable):	School (if applicable):	
Address:		City:
Nominee's Cell Number:		Email:
Parent/Guardian: (Name)		(Phone Number):

1. What qualities, skills and characteristics make this nominee a good candidate for a Tri-City REACH Award? E.g. goal oriented, strong work ethic, ability to work well under pressure, innovative ideas & development.

**2.** List the <u>specific</u> community service/volunteer work that the youth/youth group has accomplished <u>OR</u> list the ways that the business/organizations or adult mentor has supported youth in recent years. E.g. participated in a graffiti removal program, business provided food donations for youth dinners.

3. How has the nominee's effort made a positive difference to youth in the community? E.g. volunteered in a soup kitchen and fed over 500 people, provided opportunities for youth to attend special events.

4. Other interesting facts about the nominee. E.g. sponsored a child in Africa for three years, loves rock and roll music and plays free concerts in the community.

#### Nominator Information:

Name (First & Last name):

Address:		City:	
Relationship to Nominee:			
Phone Number:	Email:		
Affiliated Business/Organiza	tion:		